



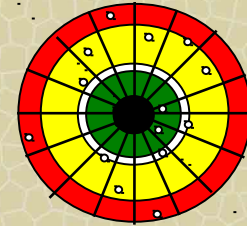
# ***Unit Risk Inventories***

Self Report Survey Information



# ***The Complete Risk Picture***

**Incidents Reported  
by Installations**



**Unit Risk  
Inventory**

**Self-Reported  
High-Risk  
Behavior  
(Survey Info)**

**Reintegration  
URI**





# Introduction to the URI

- Screens for high-risk behaviors and attitudes that compromise unit readiness
- Asks about alcohol and drug abuse, personal and unit relationships, domestic violence, suicide, crime, perception of the Army environment, and financial problems
- URI results provide a picture of a unit's self reported high-risk behaviors

**UNIT RISK INVENTORY**  
Version 2  
United States Army Center for Substance Abuse Programs

**PURPOSE:** To measure a unit's risk as it relates to alcohol, other drugs, and other factors. Do not put your name on this screen sheet. Only the unit as a whole will be identified. No information collected can be linked to you.

**INSTRUCTIONS:** Please answer the following questions honestly. Using the pencil provided, completely fill in the oval that most accurately represents your response to each question. This form will be read by a machine, so it is important that you mark each oval of the oval which represents your answer. Do not make any marks on the answer sheet. When erasing, erase thoroughly.

**NOTICE:** There will be no negative consequences for refusing to complete this questionnaire. But please consider that if you do not fill out this questionnaire, it will not be possible to obtain an accurate picture of your unit.

Write your Unit ID Code (UIC) in the space below, then fill in the corresponding oval.

Write your Unit ID Code (UIC) in the space below, then fill in the corresponding oval.

**PART ONE:** The following questions ask you about your use of alcoholic beverages within the past 12 months. Alcoholic beverages are beer, wine and liquor (the examples, vodka, whiskey, brandy, etc.), that is, not drink with alcohol in it.

1. How often do you have a drink containing alcohol? Never Monthly or less 2 to 4 times a month 4 or more times a week

If you marked "Never", continue with Question #11. Otherwise, continue with Question #2.

2. How many drinks containing alcohol do you have on a typical day when you are drinking? 1 or 2 3 or 4 5 or 6 10 or more

3. How often do you have six or more drinks on one occasion? Never Less than monthly Monthly Weekly Daily or almost daily

4. How often during the last year have you found that you were so drunk that you had trouble doing your usual activities? Never Less than monthly Monthly Weekly Daily or almost daily

5. How often during the last year have you found it difficult to do what was normally expected from you because of drinking? Never Less than monthly Monthly Weekly Daily or almost daily

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session? Never Less than monthly Monthly Weekly Daily or almost daily

7. How often during the last year have you had a feeling of guilt or remorse after drinking? Never Less than monthly Monthly Weekly Daily or almost daily

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking? Never Less than monthly Monthly Weekly Daily or almost daily

9. Have you or someone else been injured as a result of your drinking? No Yes, but not in the last year Yes, during the last year

10. Has a relative, friend or a doctor or other health worker been concerned about your drinking or suggested you cut down? No Yes, but not in the last year Yes, during the last year

**PART TWO:** Please answer the following questions as they relate to you.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol? Yes No

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs? Yes No

13. Do you ever feel nervous when driving while intoxicated or as a result of other drugs? Yes No

14. Within the past 12 months, have you been arrested or accused by police as "DUI" in connection with your use of alcohol or other drugs? Yes No

15. Within the past 12 months, have you committed an illegal or unsafe driving? Yes No

16. Within the past 12 months, have you used illegal drugs? Yes No

17. Do you work with with others in your unit? Yes No

PLEASE CONTINUE ON THE NEXT PAGE



# ***Unit Risk Inventory (URI)***

- 53 item questionnaire
- Assesses unit propensity for risk in the following areas:

- ◆ Alcohol/Drug use
- ◆ Command Factors
- ◆ Stress Levels
- ◆ Self Perceptions
- ◆ Relationships
- ◆ Safe sex practices
- ◆ Child/spouse abuse
- ◆ Violence/Crimes
- ◆ Suicide
- ◆ Financial Problems





# ***Unit Risk Inventory (URI)***

- ◆ Army Approved Command Climate Survey
- ◆ Designed for use at the company level
- ◆ Screens for high-risk behaviors and attitudes that compromise unit readiness
- ◆ Only takes 30 minutes to complete survey
- ◆ No cost to installation or units



# Sample URI Questions

## Question 1

How often do you have a drink containing alcohol?

**PART ONE:** The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol? Never 2 to 4 times a month 4 or more times a week  
Monthly or less 2 to 3 times a week

*If you marked "Never", continue with Question #11. Otherwise, continue with Question #2.*

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

3. How often do you have six or more drinks on one occasion?

4. How often during the last year have you found that you were not able to stop drinking once you had started?

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

9. Have you or someone else been injured as a result of your drinking?

10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down or stop drinking?

**PART TWO:** Please answer the following questions as they relate to your unit.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?

13. Do your unit leaders treat driving while intoxicated as a serious offense?

14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol or other drugs?

15. Within the past 12 months, have you committed an illegal act while drinking?

16. Within the past 12 months, have you used illegal drugs?

17. Do you work well with others in your unit?

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## Question 12

Within the past 12 months, have you driven under the influence of alcohol or other drugs?

## Question 20

Within the past 12 months, have you physically threatened anyone at your work site?

18. Do you find it hard to make friends in your unit? ☐ Yes ☐ No

19. Do you trust your chain of command enough to talk with them about a personal problem? ☐ Yes ☐ No

20. Within the past 12 months, have you physically threatened anyone at your work site? ☐ Yes ☐ No

21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation? ☐ Yes ☐ No

22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)? ☐ Yes ☐ No

23. Within the past 12 months, have you been absent from work without permission? ☐ Yes ☐ No

24. Within the past 12 months, have you gone AWOL? ☐ Yes ☐ No

25. Do you often feel angry and frustrated? ☐ Yes ☐ No

26. Do you often feel lonely? ☐ Yes ☐ No

27. How often are there people available that you can turn to for support in bad moments or illness? ☐ Always ☐ Sometimes ☐ Hardly ever ☐ Never

28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended? ☐ Yes ☐ No

29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)? ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)? ☐ Mostly satisfied ☐ Satisfied ☐ Not satisfied ☐ Dissatisfied

31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)? ☐ Yes ☐ No

32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)? ☐ Yes ☐ No

33. Within the past 12 months, have you had any suicidal thoughts? ☐ Yes ☐ No

34. If yes, did you make a plan? ☐ Yes ☐ No

PLEASE CONTINUE ON THE NEXT PAGE

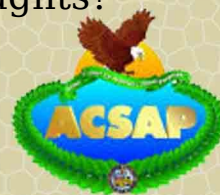
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## Question 31

Within the past 12 months, have you been in financial trouble?

## Question 33

Within the past 12 months, have you had any suicidal thoughts?





# URI Summary of Results Report



ARMY CENTER FOR SUBSTANCE ABUSE PROGRAMS

Sample Report

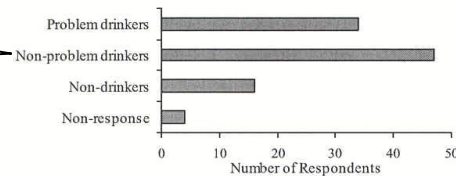
Data are illustrative only.

## Unit Risk Inventory Summary of Results

WABCODE, A Company 7/564th  
Fort Swampy, FL

101 Persons Surveyed  
Administered 12 Mar 2002

### Part I: Alcohol Use Disorders Identification Test (AUDIT) Results



Audit results for unit

Percent problem drinkers in unit, installation, RRP

Problem Drinkers		
34%	WABCODE	
38%	Fort Swampy	
31%	Army Risk Reduction Program	

### Part II: Unit's Risk Profile Related to Alcohol, Drugs, and Other Factors

Survey questions refer to respondents' behavior within the past 12 months.

> indicates the unit had a greater percentage of unfavorable responses compared to either its installation or the Army RRP.

Unit risk profile with data for unit, installation, RRP

Unit	Inst.	RRP	
<b>Alcohol and Other Drug Use</b>			
20%	21%	21%	Have ridden with a driver who was DUI.
15%	16%	18%	Have driven under the influence of alcohol/drugs.
> 17%	16%	16%	Say their leaders do not treat driving while intoxicated as a serious offense.
1%	6%	5%	Have been detained or arrested in conjunction with alcohol/drug use.
> 10%	13%	9%	Have committed an illegal act while drinking.
0%	4%	4%	Have used illegal drugs.
<b>Unit Cohesion</b>			
> 29%	27%	32%	Do not work well with others in their unit.
12%	13%	12%	Find it hard to make friends in their unit.
> 55%	56%	44%	Do not trust their chain of command enough to talk with them about a personal problem.
7%	15%	17%	Have physically threatened someone at work.
> 26%	24%	23%	Have been discriminated against by someone in their unit.
> 8%	8%	6%	Have been sexually harassed in their unit.
6%	6%	7%	Have been absent from work without permission.
1%	1%	2%	Have gone AWOL.
<b>Self-Perception / Relationships</b>			
22%	32%	49%	Often feel angry and frustrated.
19%	21%	21%	Often feel lonely.
> 36%	36%	32%	Hardly ever or never have people to turn to for support in bad moments or illness.
> 30%	28%	28%	Have had an important relationship end.
> 46%	44%	50%	Have experienced two or more life changes or difficult circumstances.
> 63%	61%	60%	Are only somewhat satisfied or not satisfied with their life.
<b>Financial Problems</b>			
26%	30%	34%	Have been in financial trouble.
> 20%	17%	17%	Have had to use relief or loans to pay for basic living expenses.

Unit	Inst.	RRP	
<b>Suicide</b>			
> 11%	12%	10%	Have had suicidal thoughts.
> 21%	21%	15%	Of those having suicidal thoughts, made a plan.
2%	3%	6%	Have attempted suicide.
<b>Other Crimes</b>			
1%	3%	4%	
2%	4%	6%	
0%	4%	4%	
<b>Sexual Practices</b>			
> 64%	60%	39%	
3%	3%	4%	
> 24%	22%	36%	
<b>Physical / Sexual</b>			
> 25%	24%	25%	
5%	6%	10%	
6%	7%	6%	
6%	8%	8%	Have pushed, shoved, slapped, grabbed, or hit their spouse or a girlfriend/boyfriend.
5%	5%	11%	Have insulted or sworn at a child.
> 31%	27%	30%	Have spanked a child and left a mark.
5%	6%	6%	Have pushed, shoved, hit with their hand, or kicked a child.
> 12%	13%	8%	Have hit a child with a belt or other object.
<b>Army Environment</b>			
54%	55%	55%	Have spent 31 or more days away from home due to military requirements.
57%	58%	57%	Do not have enough time to relax due to job demands.
> 38%	32%	40%	Are only somewhat satisfied or not satisfied with Army life.
> 23%	23%	20%	Do not plan to reenlist/stay in the Army.

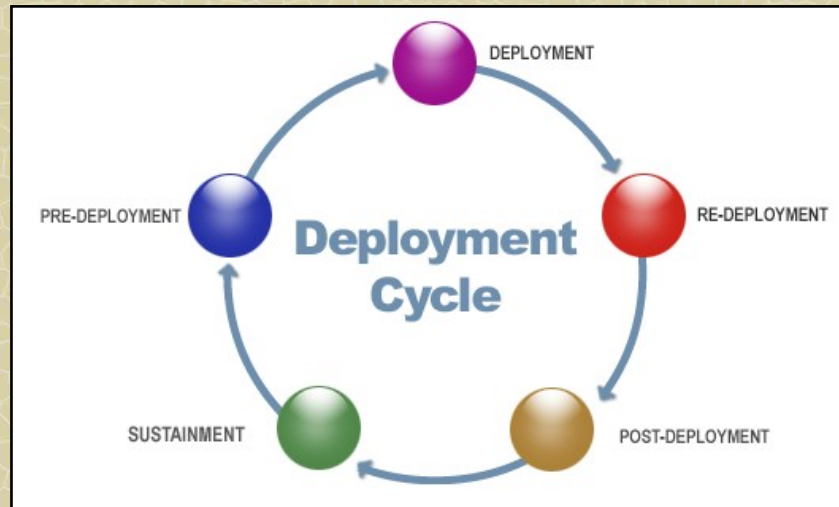
### Enlargement

Unit	Inst.	RRP	
<b>Suicide</b>			
> 11%	12%	10%	Have had suicidal thoughts.
> 21%	21%	15%	Of those having suicidal thoughts, made a plan.
2%	3%	6%	Have attempted suicide.



# ***Reintegration Unit Risk Inventory***

## ***R-URI***



Effects of Deployment  
on  
Soldier Risk Behavior





# ***Reintegration Unit Risk Inventory***



As part of the Deployment Cycle Support Plan ACSAP developed The Reintegration Unit Risk Inventory (R-URI). The R-URI is a 79-item anonymous questionnaire designed to screen for high-risk behaviors and attitudes affecting unit readiness and personnel well being that may have occurred during deployment or since redeployment.



# Sample R-URI Questions

## Question 1

How often do you have a drink containing alcohol?

**PART ONE:** The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol? Never 2 to 4 times a month 4 or more times a week  
Monthly or less 2 to 3 times a week

*If you marked "Never", continue with Question #11. Otherwise, continue with Question #2.*

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

3. How often do you have six or more drinks on one occasion?

4. How often during the last year have you found that you were not able to stop drinking once you had started?

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

9. Have you or someone else been injured as a result of your drinking?

10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

**PART TWO:** Please answer the following questions as they relate to your drinking.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?

13. Do your unit leaders treat driving while intoxicated as a serious offense?

14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol or other drugs?

15. Within the past 12 months, have you committed an illegal act while drinking?

16. Within the past 12 months, have you used illegal drugs?

17. Do you work well with others in your unit?

## Question 12

Within the past 12 months, have you driven under the influence of alcohol or other drugs?

## Question 20

Within the past 12 months, have you physically threatened anyone at your work site?

18. Do you find it hard to make friends in your unit? ☐ Yes ☐ No

19. Do you trust your chain of command enough to talk with them about a personal problem? ☐ Yes ☐ No

20. Within the past 12 months, have you physically threatened anyone at your work site? ☐ Yes ☐ No

21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation? ☐ Yes ☐ No

22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)? ☐ Yes ☐ No

23. Within the past 12 months, have you been absent from work without permission? ☐ Yes ☐ No

24. Within the past 12 months, have you gone AWOL? ☐ Yes ☐ No

25. Do you often feel angry and frustrated? ☐ Yes ☐ No

26. Do you often feel lonely? ☐ Yes ☐ No

27. How often are there people available that you can turn to for support in bad moments or illness? ☐ Always ☐ Sometimes ☐ Hardly ever ☐ Never

28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended? ☐ Yes ☐ No

29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)? ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16 ☐ 17 ☐ 18 ☐ 19 ☐ 20 ☐ 21 ☐ 22 ☐ 23 ☐ 24 ☐ 25 ☐ 26 ☐ 27 ☐ 28 ☐ 29 ☐ 30 ☐ 31 ☐ 32 ☐ 33 ☐ 34 ☐ 35 ☐ 36 ☐ 37 ☐ 38 ☐ 39 ☐ 40 ☐ 41 ☐ 42 ☐ 43 ☐ 44 ☐ 45 ☐ 46 ☐ 47 ☐ 48 ☐ 49 ☐ 50

30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)? ☐ Mostly satisfied ☐ Not satisfied

31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)? ☐ Yes ☐ No

32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)? ☐ Yes ☐ No

33. Within the past 12 months, have you had any suicidal thoughts? ☐ Yes ☐ No

34. If yes, did you make a plan? ☐ Yes ☐ No

PLEASE CONTINUE ON THE NEXT PAGE

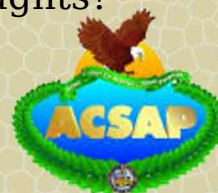
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## Question 31

Within the past 12 months, have you been in financial trouble?

## Question 33

Within the past 12 months, have you had any suicidal thoughts?





# R-URI Summary of Results Report



## Reintegration Unit Risk Inventory Summary of Results

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Deployment information

ROLL-UP, DATE 7-12-05

12221 Persons Surveyed

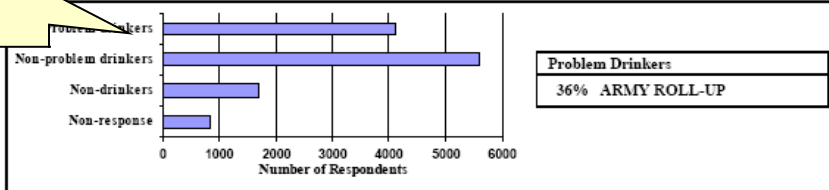
Administered 01 Jan 05

Printed 12 Jul 05

- While deployed, served with current unit:
  - 87% Yes
  - 13% No
- Most recent deployment:
  - 9% Enduring Freedom
  - 0% Noble Eagle
  - 88% Iraqi Freedom
  - 3% Other
- Length of deployment:
  - 13% 6 months or less
  - 71% 7 - 12 months
  - 16% 13 - 24 months
  - 0% More than 2 years
- Time since returning to home station:
  - 34% 3 months or less
  - 41% 4 - 6 months
  - 22% 7 - 12 months
  - 3% More than 1 year
- This question only applies to Army Reserve and Army National Guard soldiers.

Modified Audit results for unit

Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)



### C.D. Overview:

Presents the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.

See next page for results by question.

"\*" indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

### While Deployed

#### Unit

3%  
15%  
37%  
9%  
7%  
3%  
--  
--  
37%

### Since Returning

#### Unit

9%  
15%  
29%  
11%  
6%  
5%  
7%  
51%  
36%

#### Survey Category

Alcohol and Other Drug Abuse  
Unit Cohesion  
Self-Perception / Relationships  
Financial Problems  
Suicide  
Other Crimes  
Verbal / Physical Abuse  
Army Environment  
Combat / Deployment

### E. Follow-up:

#### 78. Have sought help for these issues since returning.

5% Post-traumatic stress disorder  
9% Marriage/relationship issues  
4% Alcohol/drug problems  
5% Financial management  
6% Anger management  
5% Mental health issues  
6% Depression  
1% Parenting  
1% Suicide

#### 79. Requested information or briefing on these topics.

13% Post-traumatic stress disorder  
15% Marriage/relationship issues  
10% Alcohol/drug problems  
16% Financial management  
16% Anger management  
10% Mental health issues  
14% Depression  
9% Parenting  
7% Suicide

Page 2 of 2

Administered 15 Feb 02 - 08 Oct 04

Page 2 breaks out summarized information

Unit type.

### Question Number

[1]	[42]
[11]	[43]
[12]	[44]
[13]	[45]
[14]	[46]
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# R-URI Report

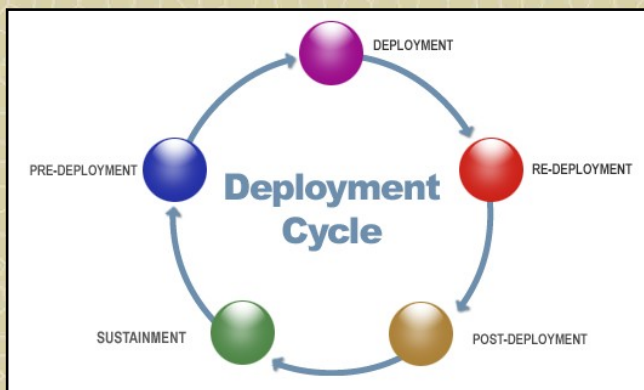
The report displays data captured from two stages of deployment.

## ◆ During deployment

Asks soldiers information relating to behavior in theater.

## ◆ Post-deployment

Asks soldiers information relating to behavior at home station during reintegration.



## Reintegration Unit Risk Inventory Summary of Results

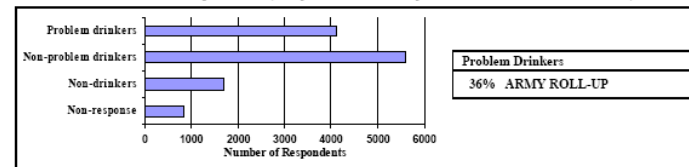
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ARMY ROLL-UP, DATE 7-12-05  
ARMY,

12221 Persons Surveyed  
Administered 01 Jan 05  
Printed 12 Jul 05

- A. 1. While deployed, served with current unit:  
87% Yes  
13% No
2. Most recent deployment:  
9% Enduring Freedom  
0% Noble Eagle  
88% Iraqi Freedom  
3% Other
3. Length of deployment:  
13% 6 months or less  
71% 7 - 12 months  
16% 13 - 24 months  
0% More than 2 years
4. Time since returning to home station:  
34% 3 months or less  
41% 4 - 6 months  
22% 7 - 12 months  
3% More than 1 year
5. This question only applies to Army Reserve and Army National Guard soldiers.

B. 6 - 9. Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)



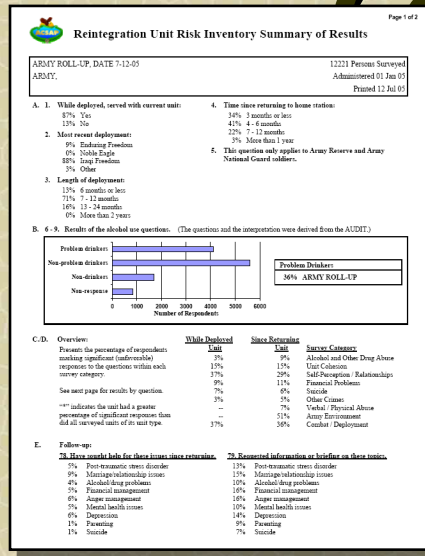
C./D. Overview:	While Deployed	Since Returning	Survey Category
Present: the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.	Unit	Unit	
	3%	9%	Alcohol and Other Drug Abuse
	15%	15%	Unit Cohesion
	37%	29%	Self-Perception / Relationships
	9%	11%	Financial Problems
See next page for results by question.	7%	6%	Suicide
	3%	5%	Other Crimes
"8" indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.	--	7%	Verbal / Physical Abuse
	--	51%	Army Environment
	37%	36%	Combat / Deployment

E. Follow-up:	78. Have sought help for these issues since returning.	79. Requested information or briefing on these topics.
	5% Post-traumatic stress disorder	13% Post-traumatic stress disorder
	9% Marriage/relationship issues	15% Marriage/relationship issues
	4% Alcohol/drug problems	10% Alcohol/drug problems
	5% Financial management	16% Financial management
	6% Anger management	16% Anger management
	5% Mental health issues	10% Mental health issues
	6% Depression	14% Depression
	1% Parenting	9% Parenting
	1% Suicide	7% Suicide





# URI & R-URI Data Comparisons



Used illegal drugs

Attempted suicide

Drove under the influence of Alcohol

Had a relationship deteriorate

Often felt angry and frustrated

	R-URI While Deployed	R-URI Since Returning	URI 2.0	URI 1.0
Used illegal drugs	3%	<u>5%</u>	3%	3%
Attempted suicide	1%	1%	1%	1%
Drove under the influence of Alcohol	4%	<u>19%</u>	14%	13%
Had a relationship deteriorate	<b>36%</b>	<u><b>28%</b></u>	22%	21%
Often felt angry and frustrated	<b>60%</b>	<u><b>49%</b></u>	45%	49%
		<u><b>65%</b></u>	55%	



# Alcohol Abuse / Problem Drinking

	<u>R-URI</u>	<u>URI 2.0</u>	<u>URI 1.0</u>
<b>Problem Drinkers:</b>	(ongoing) <b><u>35%</u></b>	(2002-2005) <b>30%</b>	(Pre 9/11) <b>28%</b>

## Drinking Scenarios:

### Problem Drinker:

- Consume 6 drinks or more in one sitting on a weekly basis.
- Consume 5 - 6 drinks, 4+ times a week.

### Non-Problem Drinker:

- Consume 6 drinks or more in one sitting on a monthly basis.
- Consume 1 - 4 drinks, 4+ times a week.

\* Using scoring criteria from: © World Health Organization, 1992. Babor, T.F., de la Fuente, J., Grant, M., Saunders, J., Programme on Substance Abuse, AUDIT, The Alcohol Use Disorders Identification Test: Guidelines for use in Primary Health Care





# ***Reintegration Unit Risk Inventory (R-URI)***

- ◆ U.S. Army Soldiers while deployed have been exposed to traumatic, stressful, and adverse situations. A wealth of research has shown convincingly that the frequency and intensity of exposure to combat experiences is strongly related to Soldiers' well-being.
- ◆ It is too early to definitively describe all factors that these Soldiers will struggle with as they reemerge into their families, their communities, and the culture at large.
- ◆ It is important to appreciate the specific demands and contexts of wars in order to raise the awareness of people back home, to prepare loved ones for Soldiers' return and to estimate the need for policy recommendations.
- ◆ Respondents to ACSAP surveys (R-URI) are showing that the combat exposed Soldiers are much more likely to be involved in high-risk behavior.



# ***Background Information***

- ◆ As a result of the first Deployment Cycle Support planning conference in April, 2003, ACSAP was tasked to develop a version of the Risk Reduction Program Unit Risk Inventory (URI) to be administered to Soldiers returning from deployment. This version was to be administered from 90-180 days after the Soldiers redeployment. It was designed to be a tool for commanders in determining what Soldiers may need in terms of education, assistance or counseling for adjustment to the stresses they experience resulting from deployment and /or return to home station.
- ◆ In February 2004, R-URI development was completed. All Installation Risk Reduction Coordinators, affected MACOM Commanders and USARC were provided an information memorandum as to the R-URI availability, and reminded of its mandated use as referenced in Section Six of the DCS CONPLAN.





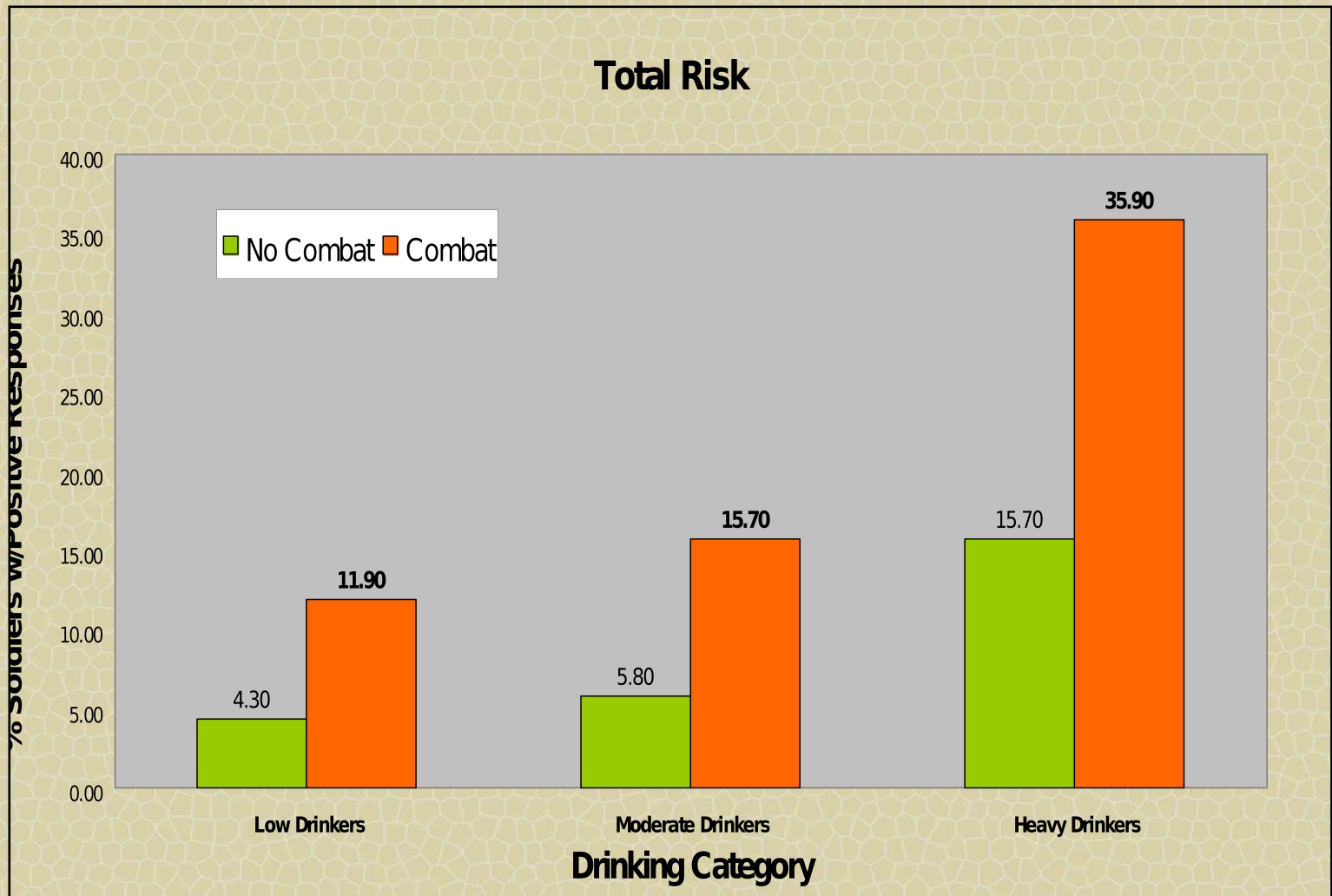
# R-URI Study Results

## Study Overview

- ◆ Results from the Reintegration Unit Risk Inventory indicate that potential problem drinking among Soldiers who have been deployed and returned has increased from 29 percent (Pre 9/11 Unit Risk Inventory) to 38 percent in the R-URI. (Tab 3)
- ◆ Results also indicate that the Soldiers who have been **exposed to combat** and who are **heavy drinkers** are much more likely to partake in high-risk behavior (in many cases- these Soldiers are responsible for a third of all the high-risk behaviors). The critical point here is that the Soldiers are making these responses after they have gone through all the post deployment/return to station Deployment Cycle Support training.
- ◆ Additionally, combat exposed Soldiers who are heavy drinkers are less likely to seek help as compared to Soldiers who are low drinkers and exposed to combat. For example, only 5.6% of combat exposed heavy drinkers sought help for PTSD Vs. 6.1% of low drinkers who were exposed to combat.

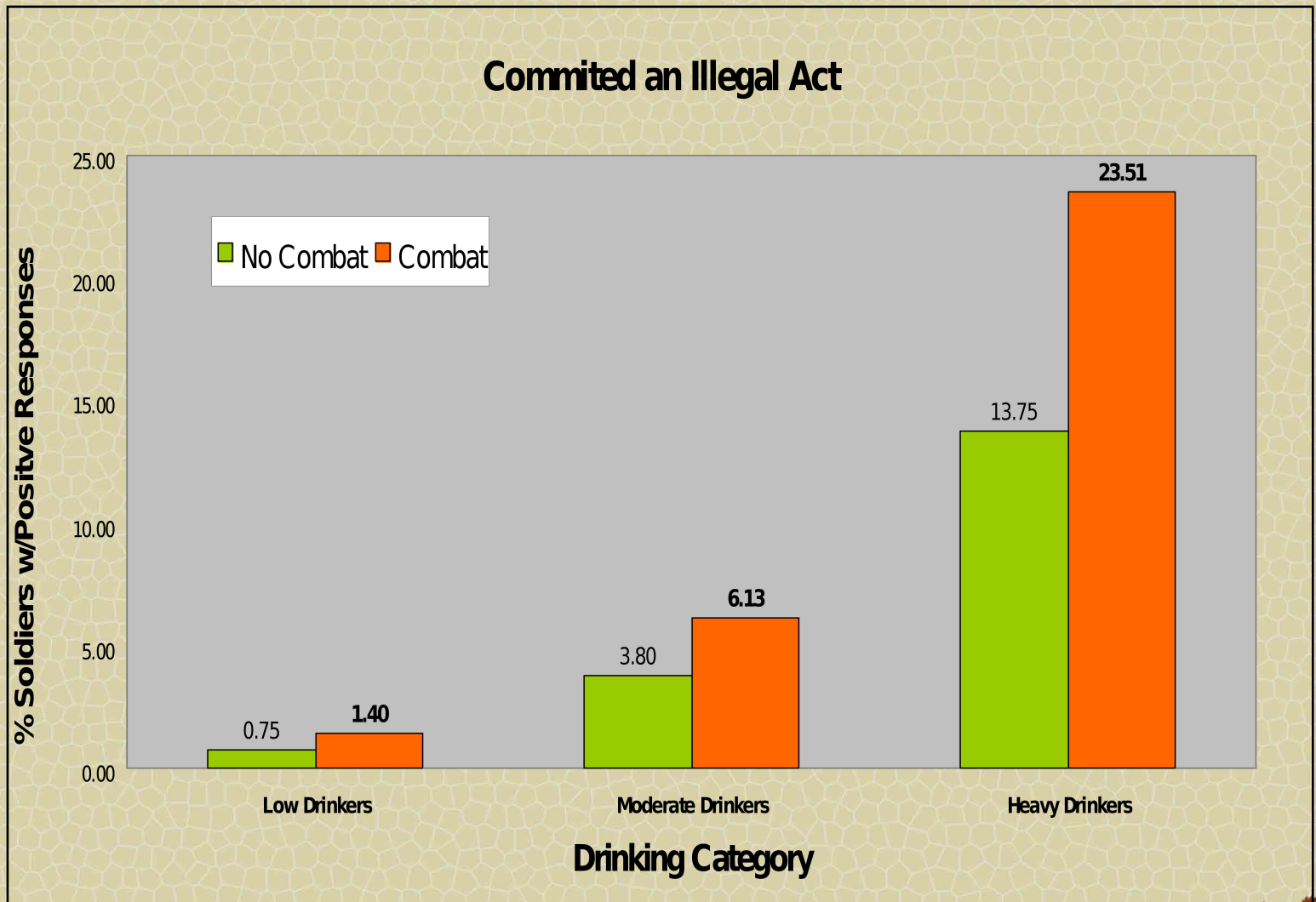


# Total Risk

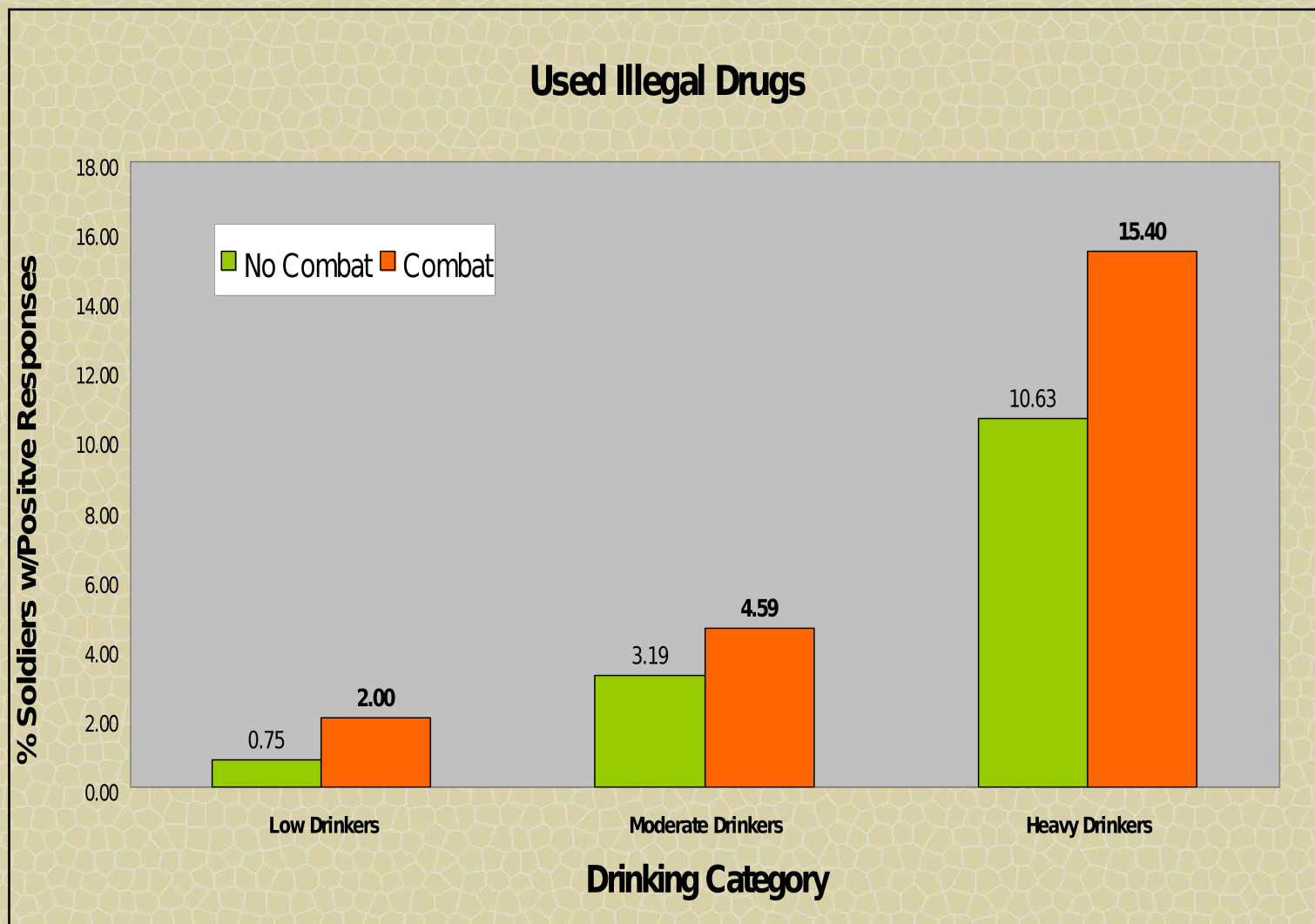




# ***Committed an Illegal Act***

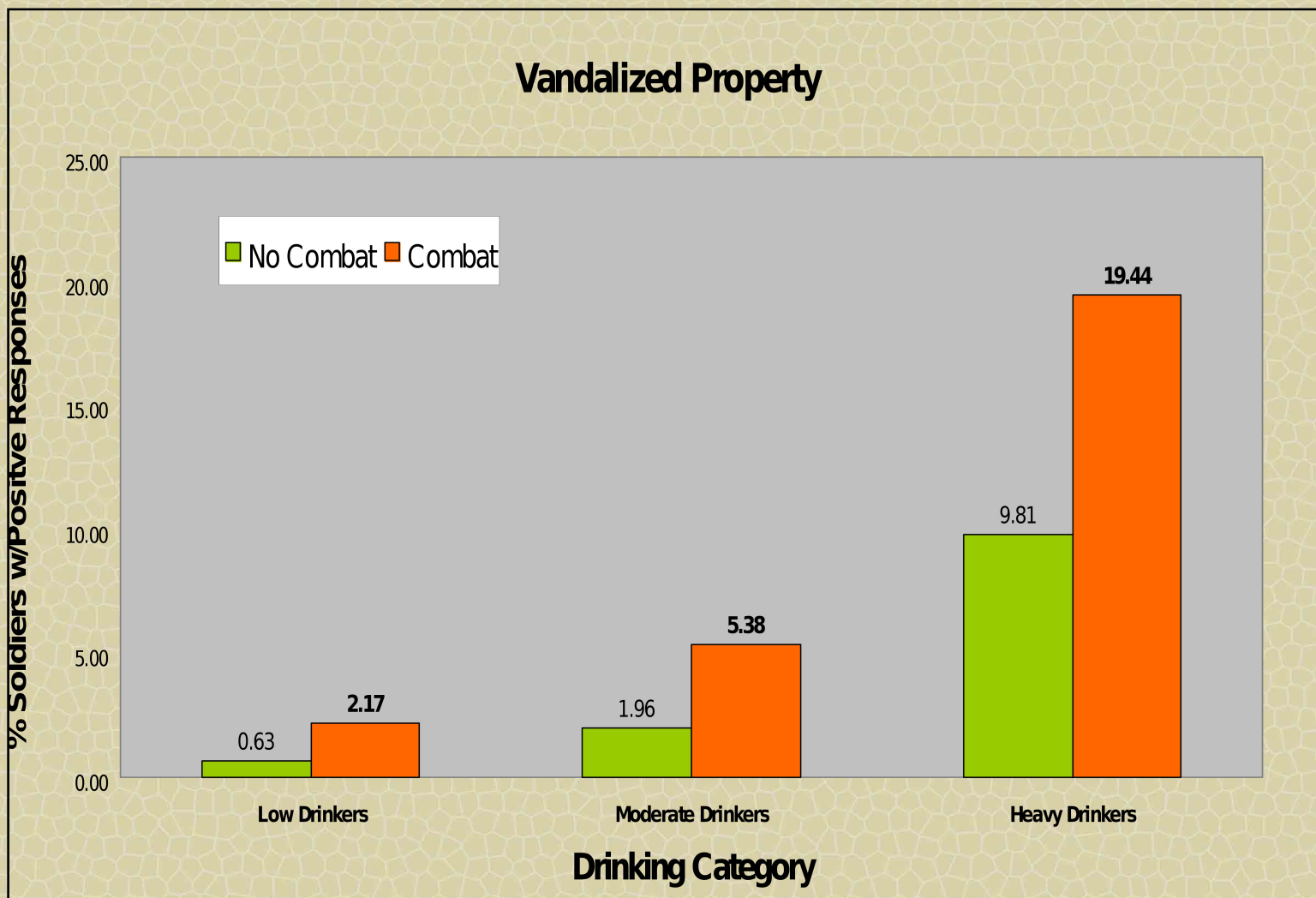


# Used Illegal Drugs

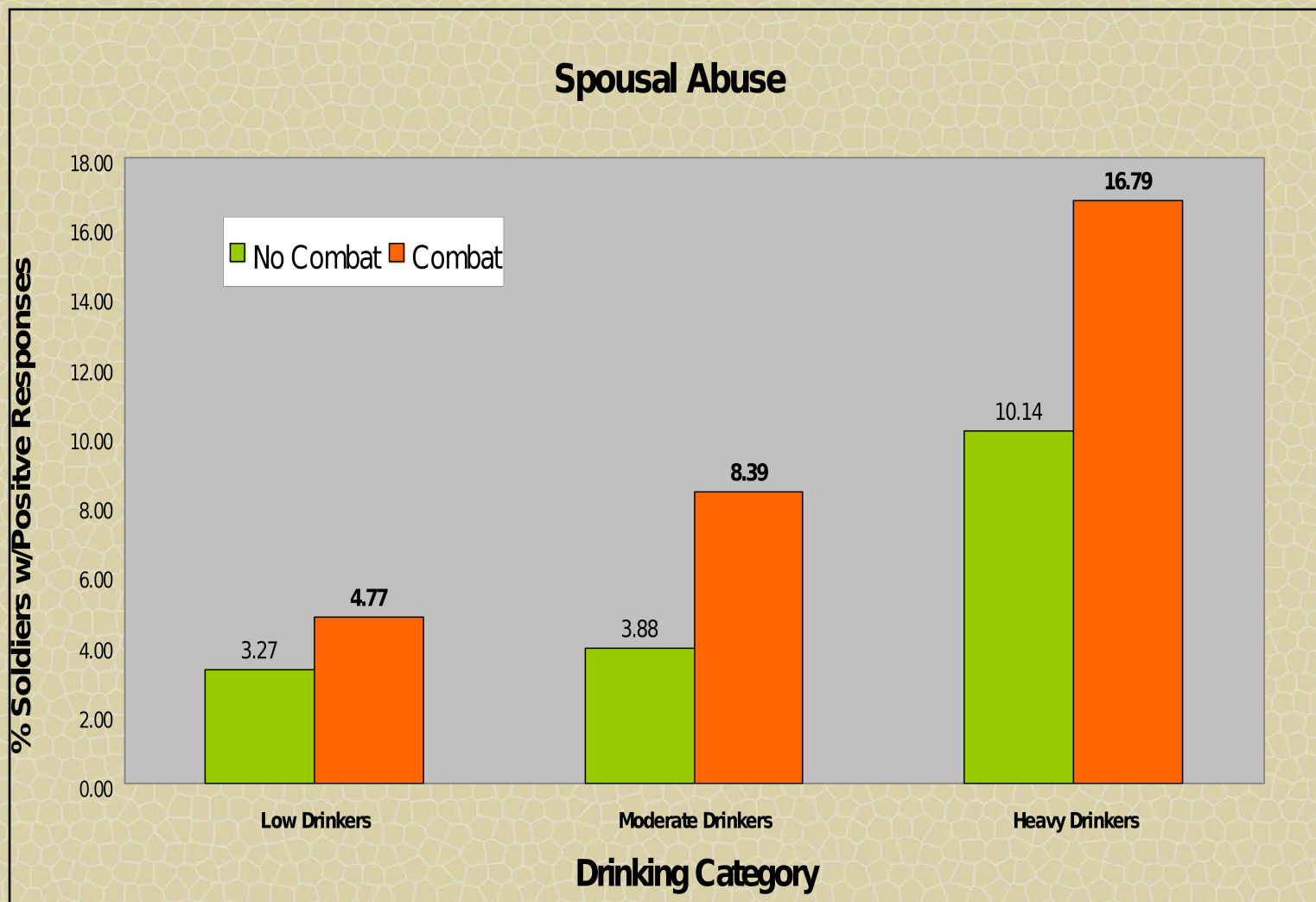




# Vandalized Property

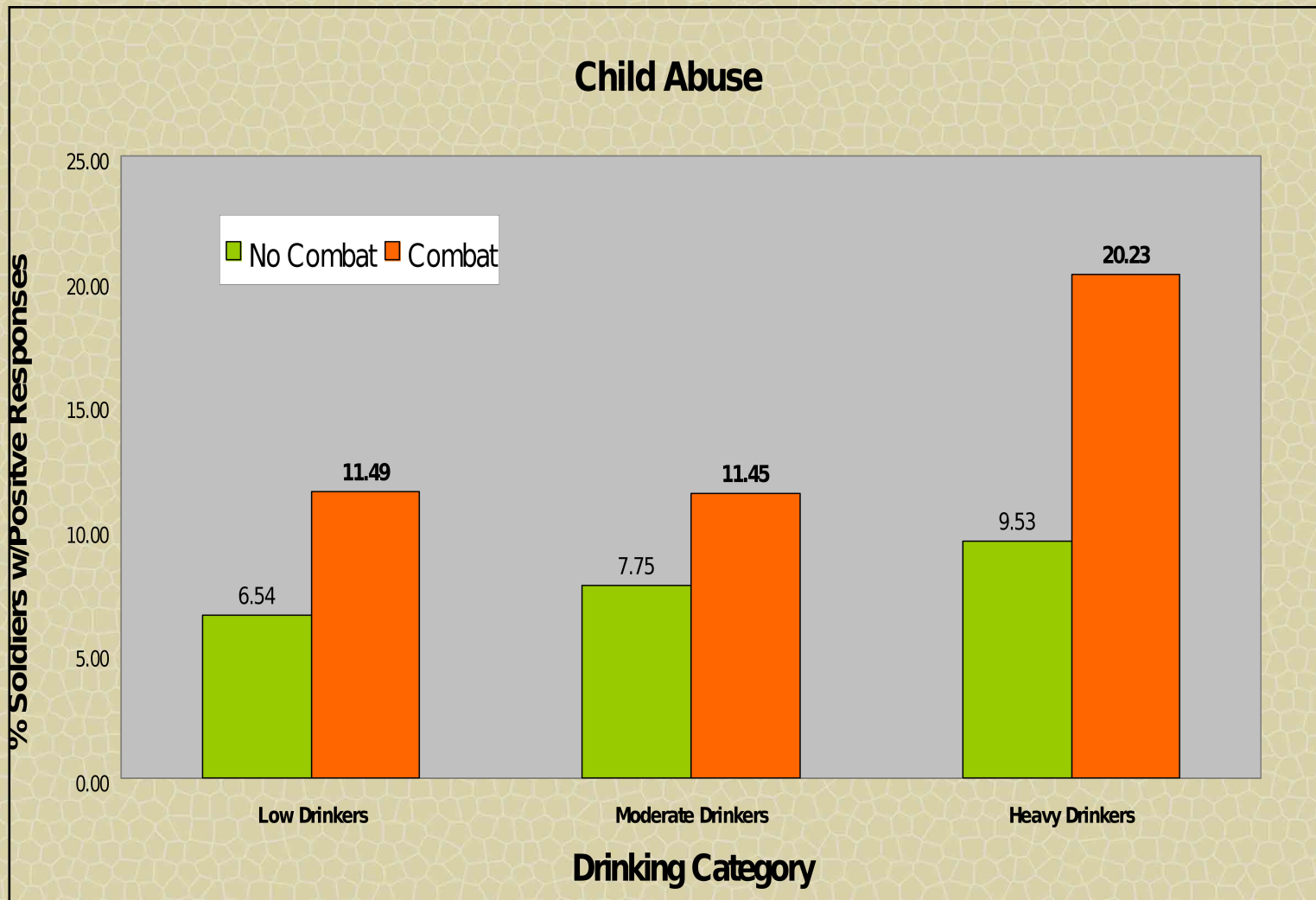


# Spousal Abuse

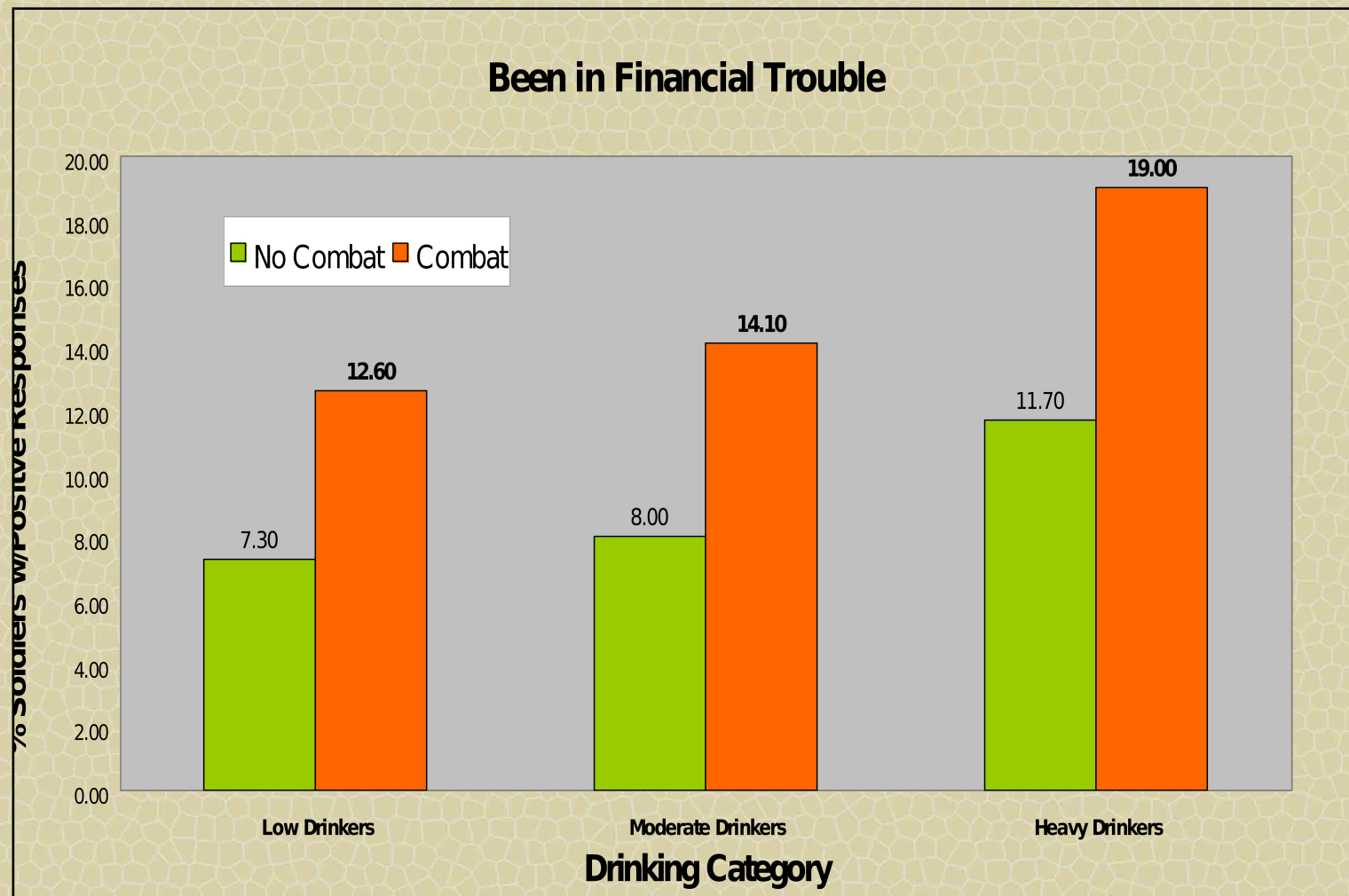




# Child Abuse

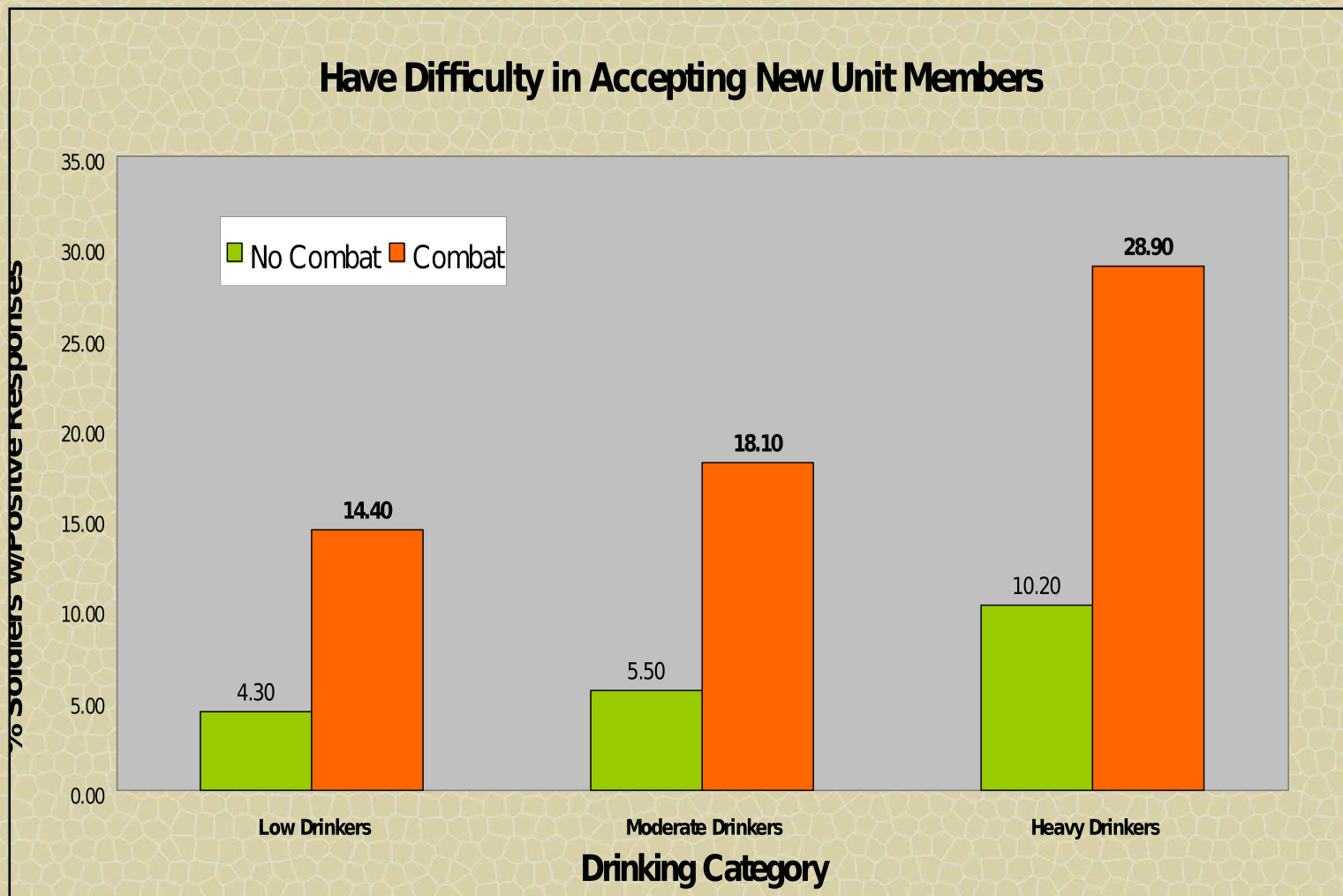


# Financial Trouble

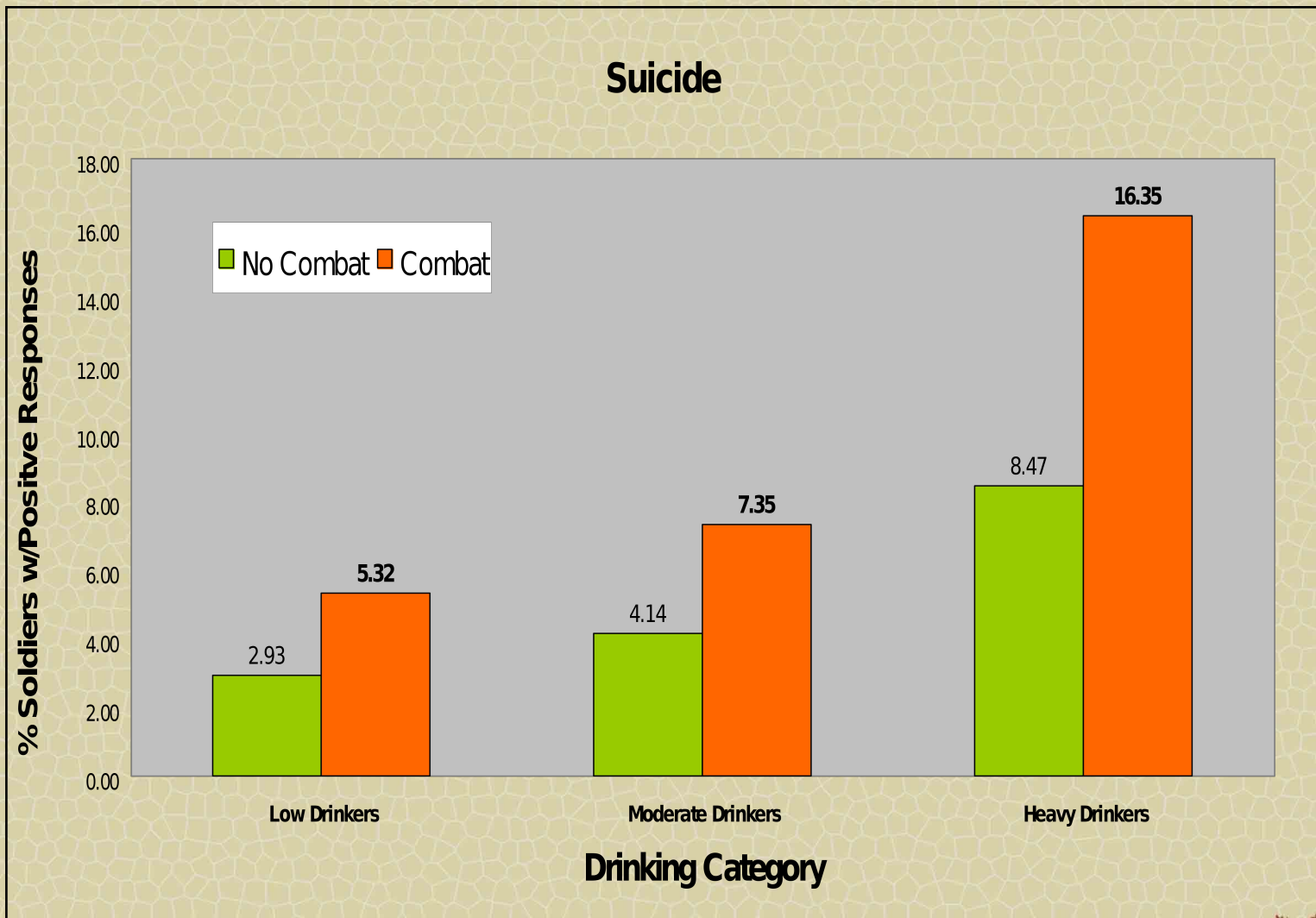




# Difficulty Accepting New Members



# Suicide

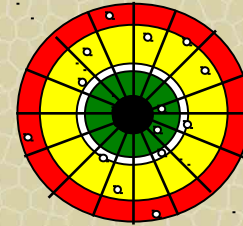




# **The Complete Risk Picture**

Commanders need full visibility to make informed decisions!

**Valuable  
information on  
both side of the  
waterline.**



**Unit Risk  
Inventory**



**Reintegration  
URI**



# Questions

***Don't Risk Readiness !***

